

EDUCATION

Doctor of Medicine, Howard University College of Medicine, Washington, DC, USA	07/2019 - 05/2023
Master of Business Administration, Concentration in Organizational Leadership and Healthcare Management, Urbana University, Urbana, OH, USA	07/2015 - 06/2017
Master of Science in Surgical Assistant Studies, Eastern Virginia Medical School, Norfolk, VA, USA	07/2011 - 05/2013
Bachelor of Science in Health Sciences, Community Health, Howard University College of Medicine, Washington, DC, USA	07/2005 - 05/2010

POSTDOCTORAL TRAINING

Psychiatry Residency, University of Texas Southwestern, Dallas, TX, USA	06/2023 – Present
- Concentration: Health Law, and Policy	

RESEARCH

Howard University College of Medicine, Washington, DC, United States of America

Aging Brain Research, Dr. Roger Weir

09/2022 - 10/2022 Average Hours/Week: 10

- Conducted research on how psychosocial trauma impacts the aging brain, specifically in regards to Alzheimer's disease and Parkinson's disease.

Howard University College of Medicine, Washington, DC, United States of America

Psychiatry Research, Dr. Thomas Mellman

08/2022 - 09/2022 Average Hours/Week: 10

- Conducted in-depth research on neighborhood stress and its effects on the autonomic nervous system.
- Utilized heart rate variability as a primary methodology to investigate the relationship between stress and autonomic nervous system function.

Georgetown University/MedStar Hospital, Washington, DC, United States of America

Research Intern, Dr. Rachna Malhotra, Dr. Dain Thorpe

03/2021 - 10/2021

- Literature and data review for Case Report: Presentation of Apraxic Agraphia Following Left Anterior Cerebral Artery and Pontine Ischemic Stroke.

University of Miami: Project to Cure Paralysis, Miami, FL, United States of America Research Intern, Eva Widerstrom-Noga, Ph.D.

08/2018 - 07/2019 Average Hours/Week: 25

- Researched pain phenotypes using Qualitative Sensory Testing (QST) in individuals victimized by spinal cord and traumatic brain injuries.
- Culminated in published paper: The Graph-DCK Scale: a measure of dorsal column function after spinal cord Injury International Spinal Cord Society · Jan 16, 2019

VOLUNTEER/LEADERSHIP/SERVICE/ADVOCACY

Howard University Department of Psychiatry, Washington, DC, United States of America

Mental Health Meetup Volunteer

09/2022 - 09/2022 Average Hours/Week: 5

- Organized an event open to the general student body, focusing on educating about mental health wellness strategies, promoting awareness and proactive approaches to self-care.
- Conducted screenings for depression and anxiety among students during the event, offering support and resources for those in need.

American Psychiatric Association/Howard University, Washington, DC, United States of America
Mental Health Community Fair Volunteer

07/2022 - 07/2022

- Facilitated community members' access to local mental health providers through engaging events featuring music, snacks, activities, and prizes, fostering a supportive and enjoyable environment.
- Conducted screenings for depression and anxiety within the community, prioritizing mental health awareness and proactively identifying individuals in need of support.

Howard University Senate Association, Washington, DC, United States of America
College of Medicine Senator

07/2021 - 07/2022 **Average Hours/Week: 10**

- Advocated for the College of Medicine in the campus-wide Senate Association, actively participating in the Student Advocacy Committee to address student concerns collaboratively.
- Contributed to the passage of impactful legislation, including the establishment of an annual campus-wide mental health day on October 10th, enhancing the student experience.
- Recognized as the February 2022 Senator of the month, underscoring a commitment to effective representation and meaningful contributions within the Senate Association.

Howard University Physical Medicine and Rehabilitation Club, Washington, DC, United States of America - President

07/2021 - 07/2022 **Average Hours/Week: 15**

- Led and managed the club, while promoting the values and mission of the PM&R field.
- Organized and coordinated educational events, guest lectures, and workshops related to PM&R, in collaboration with faculty and other medical professionals.
- Facilitated networking opportunities for club members with professionals in the PM&R field.
- Represented the club in medical school meetings and events.
- Coordinated with other club officers to ensure smooth functioning of club activities.
- Developed and maintained relationships with faculty advisors and mentors in the PM&R field.

Howard University College of Medicine, Washington, DC, United States of America
Student Council - Administrative Coordinator

07/2020 - 07/2021 **Average Hours/Week: 10**

- Collaborated with the President, Vice President, and fellow student council members, actively supporting their initiatives and contributing to the overall effectiveness of the team.
- Addressed diverse administrative requirements outlined by the student council, including event scheduling and organization, ensuring seamless execution of various activities.

Kids Enjoying Exercise Now (KEEN), Washington, DC, United States of America
Volunteer

03/2020 - 04/2021 **Average Hours/Week: 5**

- Collaborated with a volunteer organization dedicated to empowering youth with physical and developmental disabilities, actively participating in coordinating non-competitive one-to-one programs.
- Assisted in fostering a positive environment by organizing activities that promoted exercise, fitness, and fun for youth with disabilities within the community.

Howard University College of Medicine, Washington, DC, United States of America
Class of 2023 Parliamentarian

07/2019 - 07/2020 **Average Hours/Week: 5**

- Advised the President, Vice President, and student body on legal aspects of class actions and Constitutional interpretations, maintaining compliance with established procedures.
- Recorded and tracked Executive Board and class votes, ensuring accurate documentation of legislative

and confirmative actions requiring approval.

- Coordinated election and impeachment matters, executing duties assigned by the President, Vice President, or class majority with precision and efficiency.

HONORS, AWARDS AND SUPERLATIVES

APA Foundation Child and Adolescent Resident-Fellow	2024 - 2026
Senator of the Month, Howard University College of Medicine Student Council	02/2022
Voted Most Professionally Dressed by Medical School	01/2022
Voted Most likely to become Dean of Medical School	01/2022
Most Outstanding Student Award, Eastern Virginia Medical School	02/2013
Inducted into to Epsilon Tau Sigma Honor Society/National Society for Allied Health	07/2009

CERTIFICATIONS AND LICENSURE

BLS Certified
American Heart Association

ACLS Certified
American Heart Association

Family Trauma Specialist 2023
Professional Education Systems Institute

Youth Mental Health Specialist 2023
Professional Education Systems Institute

Youth Mental Health First Aid Certification 2022
National Council of Behavioral Health

Adult Mental Health First Aid Certification 2022
National Council of Behavioral Health

Cognitive Behavioral Therapy Practitioner Certification 2022
Academy of Modern Applied Psychology

Fellow of Orthopedics 2014
National Surgical Assistant Association

Certified Surgical Assistant (#4100) 2013
National Surgical Assistant Association

Certified Biomechanics/Human Movement Specialist 2012
National Exercise and Sports Trainers Association (NESTA)

Certified Senior Fitness Specialist 2009
American Academy of Health and Fitness (AAHF)

Certified Sports Injury Specialist 2007
National Exercise and Sports Trainers Association (NESTA)

Certified Personal Trainer 2004/2011
National Exercise and Sports Trainers Association (NESTA)

PUBLICATIONS

Peer Reviewed Journal Articles/Abstracts (Other than Published)

Thomas Kun Pak; Arya Nekovei; Emily Heydemann; Kayla Murphy; Temitope Adedolapo; Pavithra Wickramage; Maravet Baig-Ward; Monica Gonzalez (2024, Oct). Preparing Psychiatry Residents for Adverse Patient Outcomes: Results from a Brief Educational Session. Academic Psychiatry.
Pub Status: Under Review

Peer Reviewed Online Publication

Adedolapo, T , Thorpe, D , Malhotra, R. (2021, November 11). Unique Presentation of Apraxic Agraphia Following Left Anterior Cerebral Artery and Pontine Ischemic Stroke: A Case Report.
<https://pmrjabstracts.org/abstract/unique-presentation-of-apraxic-agraphia-following-left-anterior-cerebral-artery-and-pontine-ischemic-stroke-a-case-report/>
Pub Status: Published.

Peer Reviewed Journal Articles/Abstracts

Wong, M., Tibbet, J., Adedolapo, T., Widerstrom-Noga, E. . (2019, Jan). The Graph-DCK Scale: a measure of dorsal column function after spinal cord injury. Spinal Cord, 57(57), 412-418.
Cited in PubMed; PMID: 30651575.
Pub Status: Published.

PRESENTATIONS

Poster Presentations

Adedolapo, T , Thorpe, D , Malhotra, R. (2022, September 08). Unique Presentation of Apraxic Agraphia Following Left Anterior Cerebral Artery and Pontine Ischemic Stroke: A Case Report [Poster presented]. Howard University Research Symposium/Washington, DC, USA

Adedolapo, T , Thorpe, D , Malhotra, R. (2021, November 11). Unique Presentation of Apraxic Agraphia Following Left Anterior Cerebral Artery and Pontine Ischemic Stroke: A Case Report [Poster presented]. American Academy of Physical Medicine and Rehabilitation National Conference, USA.

Other Presentations

Adedolapo T. (2022, September 16). Trauma & the Polyvagal Theory [Oral Presentation]. Psychiatry Research Elective/Washington, DC, USA.

Adedolapo, T. (2022, October 07). Psychosocial Trauma & the Aging Brain [Oral Presentation]. Neurology Research Elective/Washington, DC, USA.

Adedolapo, T. (2021, October 14). Polytrauma [Oral Presentation]. Lefall Clinical Surgery Symposium/Washington, DC, USA.

Professional Memberships and Activities

Member, American Psychiatric Association
Member, American Academy of Physician Leadership
Member, American Psychiatric Association Congressional Action Network
Member, American Academy of Child and Adolescent Psychiatry
Member, Texas Society of Psychiatric Physicians
Member, North Texas Society of Psychiatric Physicians
Member, Texas Medical Association
Member, American Association for Community Psychiatry
Member, American Medical Association
Member, Association of Nigerian Physicians in the Americas

Residency Related Activities

American Psychiatric Association Foundation Resident-Fellow - Child and Adolescent Psychiatry

American Psychiatric Association Congressional Advocate

Strategic Planning Group Subcommittee Chair on Residency Culture

Bad Outcomes Committee

Organized Psychiatry Representative

North Texas Society of Psychiatric Physicians Representative

AACAP Committee on Medical Students and Residents (Recruitment Committee and Advocacy Committee)

LANGUAGE

English - Native/functionally native

Yoruba - Limited Proficiency